

BOLLYWOOD FUSION CLASSES AGES 6 - TEEN

We are pleased to have our bollywood fusion back again for the January to March session!

Instructor: Kiran Mander

A Bhangra, Bollywood and all around dance enthusiast, Kiran has over 10 years of professional and competitive Bhangra dance experience. She is the co-founder, choreographer and coach of the first all-female competitive team, UBC Girlz Bhangra. This award winning team has led the emergence of all female, competitive Bhangra teams in North America. Her most memorable stage moment includes performing and opening for the 2009 Juno Awards with Russell Peters. Off stage, Kiran currently sits on the Board of Directors for the Vancouver International Bhangra Celebration (VIBC) and has co-founded her own South Asian dance company called FolkFit. Kiran's notable ability is to teach the traditional artform of Bhangra while fusing it with modern beats and movements; she is looking forward to sharing her passion for dance and the South Asian performing arts!

Description of Class

The class will be a mixture of Bollywood and Bhangra. Bhangra is a very lively form of folk music and dance that originated in the Punjab region of India. While Bhangra began as a part of harvest festival celebrations, in the last 30 years it has gained widespread mainstream popularity, both in its traditional form and as a fusion with genres such as hip-hop, bollywood, house, and reggae. Bhangra, as a dance form, exuberates high energy and impact through its graceful movements. Bhangra is danced at competitions, festivals, wedding celebrations, parties and as part of aerobic workout regimens.

Class Times

6-9 years: Sunday 10:00-11:00

10-14 years: Sunday 11:00-12:00

Age range may be flexible depending on experience of dancers and interest from the various age groups.

Start Date: January 15th – March 11th
Course runs for 8 weeks (no class on Feb 26)

Course Fee: \$105.00 Plus HST.

Payment and Registration: To register please contact our office at admin@deasislanddance.com
OR call 604-946-5867

Class Attire: Typically Bhangra is danced barefoot, however students may choose to wear dance slippers or light indoor runners. Students should dress comfortably. Please wear black bottoms and white tops (tank or t-shirt).

Class Demonstration: There will be an in class demonstrations at the end of the 8 weeks. Classes are subject to minimum enrolment. Videos of Kiran's performances are found on her website www.folkfiit.com

