



2025-2026 SCHEDULE

MONDAY				
2:00-3:30 EXTENDED TRAINING PROGRAM (TP)	11:00-11:30 TINY STEPS 2 YRS+ WITH AN ADULT (JB)	2:00-3:30 EXTENDED TRAINING PROGRAM (NW)	10:00-10:45 BALLET A AGES 3-5 (JB)	
3:30-4:30 LYRICAL L SENIOR 1 (TP)	3:30-4:30 BALLET INTENSIVE B1 PREP YEAR B (KP)	3:30-4:30 BALLET INTENSIVE B2 PREP YEAR A (NW)	3:30-4:30 BALLET M1 R.A.D. PRIMARY (LB)	3:45-4:30 BALLET C PRE-PRIMARY AGES 5-7 (JB)
4:30-5:30 LYRICAL H PREP YEAR (TP)	4:30-5:30 BALLET N1 R.A.D. GRADE 1 (KP)	4:30-5:30 BALLET INTENSIVE F R.A.D. AF - B (NW)	4:30-5:30 JAZZ J PRIMARY (JM)	4:30-5:30 LYRICAL E R.A.D. GRADE 2 (LB)
5:30-6:30 LYRICAL K INTER (TP)	5:30-6:45 BALLET O1 R.A.D. GRADE 2 (KP)	5:30-6:30 BALLET INTENSIVE H1 ADV 1 (NW)	5:30-6:30 MODERN B PREP YEAR (LB)	5:30-6:30 JAZZ K GRADE 1 (JM)
6:30-7:30 MODERN C INTER (LB)	6:45-7:30 INTENSIVE H2 PBT / CONDITIONING (TP)	6:30-7:30 BALLET W1 R.A.D. AF - A (NW)	6:30-7:30 JAZZ M PRETEEN (JM)	6:30-7:15 BALLET L R.A.D. JUNIOR 3 (JB)
7:30-8:15 LYRICAL M SENIOR 2 (TP)	7:30-8:15 LYRICAL G PRETEEN (LB)	7:30-8:45 BALLET INTENSIVE C INTER (NW)	7:30-8:15 LYRICAL J TEEN (JM)	
8:15-9:15 CONTEMPORARY B TEEN (TP)		8:15-9:15 MODERN E SENIOR 2 (LB)		

TUESDAY				
1:45-2:30 BALLET AA AGES 3-5 (ES)				
			3:30-4:30 TAP E 1/2+ (MM)	3:45-4:30 JAZZ EE PRIMARY FOUNDATION AGE 6-8 (JK)
3:30-4:30 BALLET D PRE-PRIMARY AGES 5-7 (LB)	3:30-4:30 BALLET M2 R.A.D. PRIMARY (KP)	3:30-5:00 BALLET T1 R.A.D. INTER (JG)	4:30-5:15 TAP D JUNIOR AGES 7-10 (MM)	4:30-5:30 MUSICAL THEATRE B PRI FOUND AGE 7-10 (JK)
4:30-5:30 BALLET G R.A.D. PRIMARY FOUNDATION AGE 6-8 (LB)	4:30-5:30 BALLET N2 R.A.D. GRADE 1 (KP)	5:00-6:30 BALLET Z1 R.A.D. SOLO SEAL (JG)	5:15-6:30 TAP G SENIOR (MM)	5:30-6:30 MUSICAL THEATRE D PRETEEN (JK)
5:30-6:30 LYRICAL D R.A.D. GRADE 1 (LB)	5:30-6:30 BALLET P1 R.A.D. FOUNDATION YEAR (ST)	6:30-8:00 BALLET X1 R.A.D. ADV FND B (JG)	6:30-7:30 TAP F INTERMEDIATE (MM)	
6:30-7:45 MODERN F ADVANCED (LB)	6:30-7:30 HIP HOP K PRETEEN AGES 9-12 (JK)	8:00-9:00 BALLET S1 R.A.D. INTER OPEN (JG)	7:30-8:30 ADULT TAP BEG - INTER (MM)	
8:00-9:00 MODERN D SENIOR 1 (LB)				

WEDNESDAY				
2:00-3:30 EXTENDED TRAINING PROGRAM (NW)		2:00-3:30 EXTENDED TRAINING PROGRAM (JG)		
4:00-5:15 CONTEMPORARY F ADV (AS)	3:30-4:30 BALLET O2 R.A.D. GRADE 2 (KP)	3:30-4:45 BALLET R2 R.A.D. ADV FND B (JG)	3:30-4:30 JAZZ O PREP YEAR - B (JM)	
5:15-6:30 CONTEMPORARY D SENIOR 1 (AS)	4:30-5:30 BALLET Q1 R.A.D. PREP YEAR - B (KP)	4:45-6:15 BALLET T2 R.A.D. INTER (JG)	4:30-5:30 JAZZ L R.A.D. GRADE TWO (JM)	
6:30-7:30 CONTEMPORARY C INTER (AS)	5:30-6:30 BALLET R1 R.A.D. PREP YEAR - A (KP)	6:15-7:45 BALLET Y1 R.A.D. ADV ONE (JG)	5:30-6:30 LYRICAL B PRIMARY AGES 7-9 (JM)	5:30-6:30 LYRICAL C PRETEEN AGES 9-12 (LW)
7:45-9:00 CONTEMPORARY E SENIOR 2 (AS)	6:30-7:30 ADULT JAZZ (LW)	7:30-8:45 JAZZ S INTER (LW)	6:30-7:30 JAZZ P PREP YEAR - A (JM)	
			7:30-8:30 ADULT BALLET BEGINNER (JB)	

THURSDAY				
3:30-4:30 BALLET Q2 R.A.D. PREP YEAR - B (KP)	3:45-4:30 HIP HOP F PRIMARY FOUNDATION AGE 6-8 (LW)		3:45-4:30 TAP A PRE-PRIMARY AGES 5-7 (JM)	3:30-4:30 BALLET I R.A.D. PRIMARY FOUNDATION AGE 6-8 (ST)
4:30-5:30 BALLET R2 R.A.D. PREP YEAR - A (KP)	4:30-5:30 JAZZ D PRIMARY FOUNDATION AGE 6-8 (LW)	3:30-5:00 BALLET W2 R.A.D. ADV FND - A (JG)	4:30-5:30 JAZZ G PRETEEN AGES 9-12 (JM)	4:30-5:30 BALLET F PRE-PRIMARY AGES 5-7 (ST)
5:30-6:30 JAZZ W SENIOR 2 (LW)	5:30-6:30 BALLET K R.A.D. JUNIOR 1 (ST)	5:00-6:30 BALLET Z2 R.A.D. SOLO SEAL (JG)	5:30-6:30 HIP HOP L AGES 10-15 (RW)	5:30-6:30 JAZZ C PRE-PRIMARY AGES 5-7 (JM)
6:30-7:15 JAZZ G SENIOR (LW)	6:30-7:30 BALLET P2 R.A.D. FOUNDATION YEAR (NW)	6:30-8:00 BALLET Y2 R.A.D. ADV ONE (JG)	6:30-7:30 BREAKDANCE B AGES 10-15 (RW)	6:30-7:30 JAZZ F JUNIOR 1 (JM)
7:15-8:15 JAZZ Y ADVANCED (LW)	7:30-8:30 BALLET S2 R.A.D. INTER OPEN (NW)	8:00-9:00 ADULT BALLET INTER (JG)	7:30-8:30 HIP HOP N SENIOR (RW)	
8:15-8:45 STAGE H ADVANCED (LW)			8:30-9:00 BREAKDANCE C SENIOR (RW)	

FRIDAY			
2:00 - 3:30 EXTENDED TRAINING PROGRAM (NW)		2:00 - 3:30 EXTENDED TRAINING PROGRAM (TP)	
3:30-4:00 CHOREO / REHEARSAL BLOCK (NW)		3:30-4:15 INTENSIVE E/F PBT / CONDITIONING (TP)	
4:00-5:00 ETP LEVEL 3 INTRO (NW)	3:45-4:30 MUS THEATRE A PRE-PRIMARY AGES 5-7 (JK)	4:15-5:15 JAZZ Z TECH - ADVANCED (TP)	3:45-4:30 HIP HOP D PRE-PRI MINI (LW)
5:00-6:00 BALLET INTENSIVE E ADV F - A (NW)	4:30-5:15 JAZZ A PRE-PRIMARY AGES 5-7 (JK)	5:15-6:00 LYRICAL O ADVANCED (TP)	4:30-5:30 JAZZ V SENIOR 1 (LW)
6:00-7:00 BALLET INTENSIVE K ADV - SOLO SEAL (NW)	5:30-6:30 MUS THEATRE E AGES 10-14 (LW)	6:00-7:00 JAZZ X TECH - SENIOR (TP)	5:30-6:30 HIP HOP O MINI CREW AGES 7-10 (EM)
	6:30-7:30 LYRICAL F AGES 10-14 (LW)		6:30-7:30 HIP HOP P INTER CREW (EM)
			7:30-8:30 HIP HOP R ADV CREW (EM)

SATURDAY				
9:00-9:45 BALLET AB AGES 3-4 (ES)	9:00-9:45 BALLET EE PRE-PRIMARY AGES 5-7 (EM)		9:00-9:45 JAZZ E PRIMARY FOUNDATION AGE 6-8 (JK)	9:00-9:30 TINY STEPS 2 YRS+ WITH AN ADULT (KN)
9:45-10:30 BALLET BB AGES 3-4 (ES)	9:45-10:30 HIP HOP E PRE-PRIMARY AGES 5-7 (EM)	9:45-10:30 JAZZ B PRE-PRIMARY AGES 5-7 (LW)	9:45-10:30 TAP B PRE-PRIMARY AGES 5-7 (LW)	9:45-10:30 MOVE N GROOVE B AGES 3-4 (KN)
10:30-11:15 BALLET E PRE-PRIMARY AGES 5-7 (ES)	10:30-11:15 HIP HOP G PRIMARY FOUNDATION AGE 6-8 (EM)	10:30-11:15 JAZZ Q TEEN (LW)	10:30-11:15 TAP C JUNIOR AGES 7-10 (JK)	10:30-11:15 BALLET B AGES 3-4 (KN)
11:15-12:00 BALLET J R.A.D. PRIMARY FOUNDATION AGE 6-8 (MD)	11:15-12:15 HIP HOP Q SENIOR CREW (EM)	11:15-12:15 MUSICAL THEATRE F TEEN (LW)	11:15-12:15 JAZZ H PRETEEN AGES 9-13 (JK)	11:15-12:00 MOVE N GROOVE C AGES 3-4 (KN)
12:00-1:30 BALLET INTENSIVE J ADV 1-2 (MD+)	12:15-1:00 HIP HOP J AGES 9-12 (EM)	12:15-1:30 JAZZ R TECH / CHOREO TEEN (LW)	12:15-1:00 HIP HOP M TEEN (JK)	
1:30-2:45 BALLET INTENSIVE G ADV FND (MD+)		1:30-2:30 JAZZ T TECH - INTER (LW)		
2:45-4:00 BALLET INTENSIVE D INTER (MD+)				

(LB) Lesley Benham (JB) Jena Benson (JG) Janet Gittens (JK) Julia Kelleway (JM) Jamie Montgomery (EM) Eliana McFarlane (MM) Morgan McQueen (KN) Kate Nickel (KP) Katie Parks (TP) Tanner Plecas (ES) Emily Stewart (AS) Ashley Sweett (ST) Sarah Tse (LW) Lindsay White (RW) Ryan Williams (TW) Isabelle Wood (NW) Nicki Wood (MD+) Melanie Dance plus guests

BALLET	TAP	HIP HOP / BREAKING	MUSICAL THEATRE/ STAGE	JAZZ	MODERN/ CONTEMPORARY	LYRICAL	BALLET INTENSIVE	SHORT SESSIONS (ADULT / TINY STEPS)	ETP AFTERNOON PROGRAM
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